



“Our soul is like a stream of water, which gives strength, direction, and harmony to every other area of our life. When that stream is as it should be, we are constantly refreshed and exuberant in all we do, because our soul itself is then profusely rooted in the vastness of God and His Kingdom, including nature, and all else within us is enlivened and directed by that stream.”

Dallas Willard – Renovation of the Heart

What is the condition of your soul? As Christ followers, we rarely ask each other this question. And if asked the question, we would be hard pressed to know how to answer, wondering, “what is my soul” and “how would I define its condition?”

However, most of us, if we are honest, would reply that our lives are filled with demands, work, relationships, activity (including Christian activity), busyness... and the result can be exhaustion physically, emotionally, mentally, and in our “soul”; wondering if we are missing the peace that Jesus offers; and a longing for inner rest, nourishment, refreshment, and a new way of operating in life; and a deep longing for God. If this reflects your life and soul, we want you to know that you are not alone. We as ministry leaders and fellow Christ followers understand this all too well.

As a result, we want to invite you to a day-long retreat where you will have time for reflection, rest, prayer, and renewal.....and an opportunity to meet with God in deeper, soul-filled ways.

- WHERE: Cedar Springs Retreat Center,
4700 Minaker Rd. Sumas, WA
www.cedarspringscsrc.org
- WHEN: Thursday, February 23, 2017
Thursday, April 13, 2017
- TIME: 9:00am – 4:00pm
(registration begins at 8:30am)
- WHO: Cornwall Church Attenders
(limit: 12 people per retreat)
- FACILITATORS: Pastor Greg Crim
Pastor Randy Pries
- COST: \$35 per person
(includes lunch)
- REGISTRATION: Fill out form below and turn
into Cornwall Church office,
c/o Pastor Randy
*(check made out to Cornwall
Church with Soul Care Retreat
in memo line)*

Space is limited, first come, first served
We look forward to having you join us!

NAME: _____

PHONE: _____

ADDRESS: _____

WHEN: _____

E-MAIL: _____

Share why you are interested in this retreat:
