

CONVERSATIONS | How Do I Deal With Anxiety?

Kip McCormick | May 6-7, 2017

“What are you doing here, _____?”

Where your _____ is your _____ will follow.

(Psalm 27:1-3)

_____ if vs. _____ if

Three-fold strategy to fight fear: _____, _____, _____.

Psalm 27:4-5

_____ and _____ can't sleep in the same bed.

Philippians 4:6-7

“_____ is Jesus.”

Philippians 4:8

_____ is not a sin. Doing _____ _____ is.

Luke 22:44

This Week's Challenge:

- “What are you doing here, (_____)?”
- Daily choose “Even if” over “What if”.



CHANGING YOUR MIND (Romans 12:2)

“The LORD is my light and my salvation – why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble?” *Psalm 27:1 NLT*