

# ANCHORED IN HOPE | Habits of Hope

Bob Marvel | October 21-22, 2017

*“Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.”  
Proverbs 13:12*

Hope is \_\_\_\_\_ than \_\_\_\_\_.  
**“I’m not optimistic, no. I’m quite different. I’m hopeful.” – Desmond Tutu**

The Bible never \_\_\_\_\_ the harsh \_\_\_\_\_ of life.  
*(2 Corinthians 4:8-9, 16)*

*“In me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” John 16:33*

## HABITS OF HOPE

- **Refocus on the \_\_\_\_\_.**  
*(2 Corinthians 4:17-18, 2 Timothy 1:12, Matthew 23:37)*  
*“Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross.” Hebrews 12:2*
- **Remain in the \_\_\_\_\_.**  
*(Romans 12:2, Psalm 130:5, Philippians 4:8, 1 Samuel 30:6)*  
*“For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope.” Romans 15:4*
- **Redirect to \_\_\_\_\_.** *(Habakkuk 3:16-19, Hebrews 13:15)*  
*“Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.” Psalm 42:11*

Habits \_\_\_\_\_ and \_\_\_\_\_ *(Romans 12:10-13)*



## CHANGING YOUR MIND (Romans 12:2)

*“Be joyful in hope, patient in affliction, faithful in prayer.” Romans 12:12*