

Patience means waiting until later for what you want now.

WEEK
1
K-1ST

Read Psalm 27:14

DAY
1

Be Patient

Have you ever had to wait a really long time for something? Maybe you couldn't wait to go on summer vacation or for your birthday to get here. It's hard to wait, but there's good news! You don't have to wait alone. God is with you. Grab a piece of paper and rainbow write the words BE PATIENT until you fill the entire page. (It might take a while, but remember, we are learning to be patient!) Once you are done, put it in a special place to remind you that you can BE PATIENT because God is with you.

Thanks God for always being with us, even while we wait.

DAY
2

Wait For It

This month is all about patience. Patience is waiting until later for what you want now. Did you know the Bible talks about farmers and how they have to be patient when they plant their crops? It takes a while after you plant seeds for the plant to grow and make a flower or a vegetable. Ask an adult to help you get a small cup or flower pot and some dirt to plant a few seeds of your choice (sunflowers or lima beans grow fairly quickly). Place it where it can get some sunlight each day and you can patiently watch it grow all month long. When your plant finally shows itself through the dirt, let it be a reminder to you that patience can really pay off!

Remember that patience can pay off!

DAY
3

Hold It

Have someone count while you hold your breath as long as you can. Ready? 1, 2, 3. Hold it! Being patient, or waiting for something is kind of like holding your breath. It isn't always easy and it can seem like forever. When having patience seems too hard, we can always ask God to give us the strength we need to wait. Pray and ask God to help you have patience this week.

Dear God,

Thank You for always being patient with me. Help me to be patient with those around me and help me to be patient when it's not the easy thing to do. In Jesus' name, amen.

DAY
4

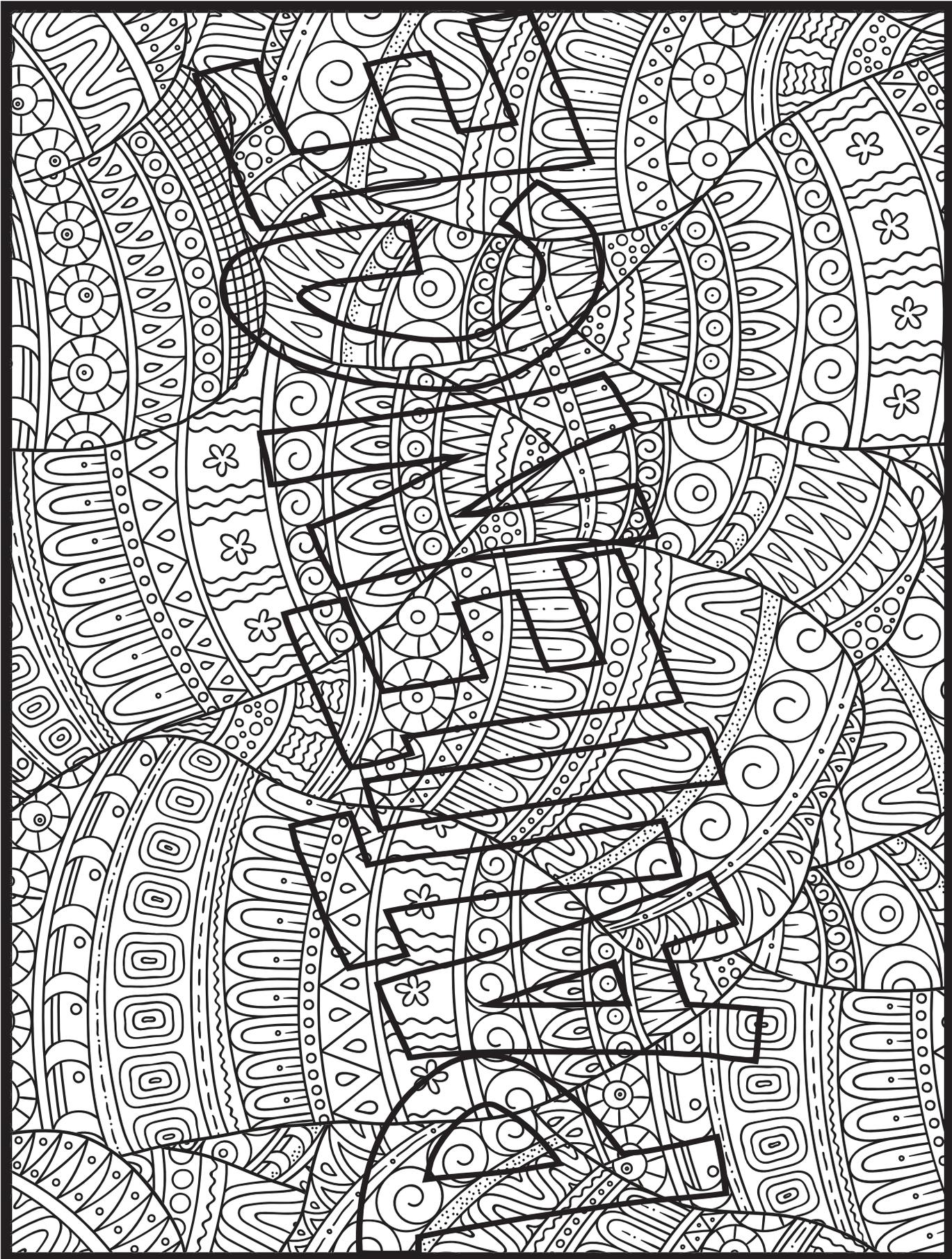
Trust and Wait

Fun fact: the Bible says the word wait over 100 times! God must have known that it would be hard for us to wait. It seems easier for us to trust that God will keep us safe and healthy rather than waiting for things to happen. Ask an adult to help you look up Psalm 27:14 and read it out loud. Write this verse on the mirror in your bathroom with a dry erase marker so you can remember it.

Look for ways to be patient.

*When you have to wait,
remember God is with you.*

PARENT CUE



Patience means waiting until later for what you want now.

WEEK
1
2ND-3RD

DAY 1

Read Psalm 27:14

Name some things you have to wait for in the space below. You'll see a few things already listed to help you get started:

| | |
|--------|---------------|
| Dinner | Your birthday |
| Summer | The weekend |

Raise your hand if you like to wait?

All month long, we're talking about patience. Patience is waiting until later for what you want now. The truth is, no one really likes to wait. It can be hard, and frustrating, and sometimes just plain boring.

But there is some GOOD news when it comes to waiting. Even when we're bored or frustrated, we aren't alone! God is always with us. So don't lose hope. God will help you be strong and wait with patience even when it's hard!

The next time you find yourself waiting, maybe even for one the things you've listed above, pause and thank God for always being with you. Ask Him to help you wait.

DAY 2

Read Isaiah 40:31

Have you ever seen an eagle in flight? It takes quite a bit of energy to flap those large wings. So eagles have figured out how to use thermal updrafts to gain greater altitude which allows them to soar through the sky.

Just as Isaiah tells us, when we're waiting, God will give us new strength. Think about a majestic eagle soaring through the sky. We can soar right through that waiting when we remember we aren't really alone. **Ask God to remind you He is with you and that He will help you have patience!**



PARENT CUE

DAY 3

Read Romans 12:12

What do you think the word “suffer” means? To suffer means to endure something unpleasant. It can also mean to tolerate or put up with something.

You can probably name a few things you had to “put up with” even just today. Whether it was waiting for food, listening to your brother whine or completing an endless amount of math problems.

While we don’t get to choose these situations, we can choose how we face them. The key is found in the last part of this verse. When you pray, be faithful. Ask God to help you be patient, even when you’d rather complain or push back.

In the space below, fill in some of your own “suffer” scenarios. (See example below). Then read them aloud as a prayer and ask God to help you face them with patience, remembering that He is with you.

When I have to wait my turn, help me to be patient.

When _____,
help me to be patient.

When _____,
help me to be patient.

DAY 4

Read Lamentations 3:25–26

Read the list below. Put a check mark by it if you think it’s good and an X mark through it if you think it’s bad:

| | | |
|---------------|--------------|------------|
| Licorice | Spiders | Bedtime |
| Bananas | Chores | Vegetables |
| Puppies | Sticky hands | Friends |
| Thunderstorms | Bee stings | Siblings |

Did you know that God is always good? It’s true. God is perfect which means there is zero bad in Him. We can trust Him, always, because He is always good to us.

So, when we have to wait, when we need to be patient, we can remember one big truth. God is good and He is with us. He is good to those who put their hope and trust in Him. Remember, when you have to wait, God is with you.

Share this list with at your next family meal. Let everyone give their own thumbs up or thumbs down. At the end of the list, say “God!” As everyone gives their thumbs up, talk about how good God is always and how we can wait with patience when we remember that He is with us.

*When you have to wait,
remember God is with you.*

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHEN IS IT HARD TO HAVE PATIENCE?

Lined writing area for journaling.



Day 1

Go to cornwallchurch.com/children and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

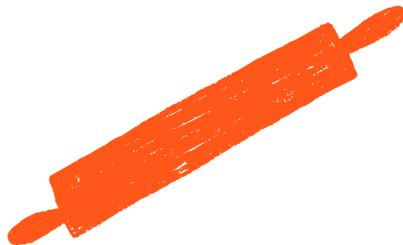
- 1. You liked:
2. You learned:
3. You'd like to know:

Day 2

Read Luke 2:25-28

As you read Luke 2:25-28, circle all the places that indicate that God was with Simeon. (Remember, God's Son and the Holy Spirit are also God!)

When Simeon finally gets to hold the Son of God in his arms, read what he said: *Now let me, your servant, go in peace. That is what you promised, (NirV).* Simeon had been waiting for this moment, and now it was here. But—look at all the circles you drew—while he waited, he was never alone.



Day 3

When you read Luke 2:25-35, it becomes obvious that Simeon had a deep relationship with God.

God speaks to Simeon through the Holy Spirit, and then when Simeon meets Jesus, his first response is to praise Jesus. They have an ongoing conversation.

That's all prayer is: talking to God, and listening to what He has to say! Sometimes we make it complicated, but it's really just a conversation with God.

What is something you're currently waiting on? Take a minute to think about it, and then fill in the blanks on this prayer before using it to start a conversation with God. He loves to talk with you!

"Dear God, thank You for always being with me. As You know, right now I am having a hard time waiting for _____
_____. It's hard because _____
_____. Please help me to be patient, and to remember that You are with me even while I'm waiting. In Jesus' Name, I pray, **amen.**"

Day 4

When you have to wait, remember God is with you.

"Remember God is with you" sounds simple, but it's easy to forget. One of the best ways to practice this is by intentionally noticing all the ways God is with you. In Simeon's case, he had the Holy Spirit speaking to him and leading him, and he was able to hold the very Son of God in his arms.

There are ways that God is with you too! Find someone who also trusts Jesus—it could be a parent, small group leader, a friend or sibling. Share with each other the ways that you see God is with you—and the ways that you see God at work in each other's lives as well. Think about everything from the small (He created chocolate!) to the big (He sent Jesus to save you!), and get specific. As you talk, take some notes about what you discover together and save the notes for tomorrow.



Day 5

When is it hard to have patience?

Make a list below of when it's hard for you to have patience.

Now, take a look at the list you made yesterday of the ways you know God is with you. Match those truths up with each situation you listed above. If you don't have an exact match, it's okay—it's not always obvious, but it is always true that God is with you!