

Use this guide to help your family learn how God's Spirit can help us "make waves."

First, watch
this week's
video!

Make Waves:
What you
do today
can change
the world
around you

Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."
Philippians 1:6, NIV

Bible Story

The Good Samaritan
Luke 10:25-37

Bottom Line

Show kindness
to everyone.

Activity

Bag of Kindness

What You Need:

Pillowcase or solid (non-transparent) bag; various items from around the house (spoon, ice cream bowl, bandage, blanket, socks, etc.)

What You Do:

Put all the random items in the pillowcase. You and your child take turns passing the pillowcase back and forth. On each turn, reach inside to grab an item without looking at it. With each item you pull out, think of one way you could use it to show kindness to others.

For example, you might give a water bottle to a lifeguard at the pool . . . invite a neighbor to have ice cream with you . . . or give a bandage to someone who needs it at the park.

Say, "How could you show kindness to someone with [insert item]? Could you give it to someone who's sad to help them feel better? Could you use it to play with someone who's feeling alone?"

If there's time, go back through the items the other person drew from the bag, and think of another way you could use each item to show kindness to others.

Talk About the Bible Story

In the story Jesus told, who showed kindness? (*the Samaritan*)

How did the Samaritan show kindness to the man who was hurt? (*He stopped to help the man; he bandaged the man's wounds; he took the man to a safe place where he could get better, etc.*)

Why is it sometimes difficult to show kindness to people who are different from us?

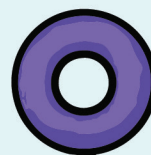
Who is one person you can show kindness to tomorrow?

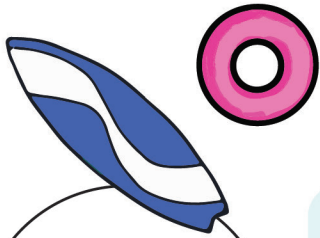
Parent: Share about a time when someone showed kindness to you when you really needed it. How did that make you feel?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, help me show kindness to my family, friends, and neighbors. Help me show kindness to people who are different from me. Help me to be like the Samaritan in the story and show kindness to EVERYONE. Amen."





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Key Question

How can you be kind even when it's hard?

Use this guide to help your family learn how God's Spirit can help us "make waves."

Activity

Kindness Coupons

What You Need:

Note cards, or white paper cut into equal-sized rectangles; markers or colored pencils; cups.

What You Do:

Create a kindness coupon book with your child. Parents, you make one too!

Write down at least 10 acts of kindness that you'll show your family once they present you with a coupon. When you're finished, place your coupons and your child's coupons in a cup for the family to choose from, at random, all month long.

Acts of kindness could include:

- Choosing the family movie
- Extra hugs
- Making a favorite dessert
- Taking over a chore for a week
- Helping out with a household project
- Tutoring a younger sibling in a subject

Say, "Sometimes it can be tough to show kindness to your family. We might not always feel like doing something kind—especially if we have to stop what we're doing first. But we're meant to show kindness, even when it's hard."

Talk About the Bible Story

In the story Jesus told, who showed kindness? (*the Samaritan*)

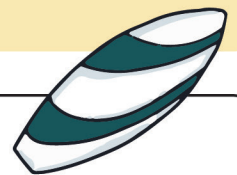
How did the Samaritan show kindness to the man who was hurt? (*He stopped to help the man; he bandaged the man's wounds; he took the man to a safe place where he could get better, etc.*)

Why is it sometimes difficult to show kindness to people who are different from us?

When you really don't feel like being kind . . . or you're struggling with someone who isn't easy to like . . . what are some things you could think about that will help you remember to be kind? (*Remember that each person was made by and is loved by God; try to find something you DO like about that person; think about when someone has been kind to you when you were having a tough time.*)

Give three reasons why you think God wants us to treat others with kindness.

Parent: Share about a time when someone showed kindness to you when you really needed it. How did that make you feel?



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for what we've learned today about kindness. Now help us to bring about a wave of kindness to the people around us. We need Your help to be able to do that. Please help us look for opportunities to make a difference through a simple act of kindness. Give us the courage to reach out and treat others the way we want to be treated. We pray in Your name, amen."