

Series: Stand Alone
Title: Fast Break
Speaker: Bob Marvel
Date: January 6-7, 2023

“When you fast... then they will fast.” Matthew 6:16, 9:15

Fasting: voluntary _____ for _____
“while they were worshipping the Lord and fasting...” Acts 13:2

This is what the LORD Almighty says: “The fasts... will become joyful and glad occasions and happy festivals.” Zechariah 8:19

Fasting can be _____ or _____.
“My soul will be satisfied as with the richest of foods; with singing lips my mouth will praise you.” Psalm 63:5

JANUARY 11-31: 21 DAYS (Daniel 10:2-3)

A _____ of _____
(Joel 2:15-16, Amos 5:4, Matthew 6:33, 7:7)
“They entered into a covenant to seek the LORD, the God of their fathers, with all their heart and soul.” 2 Chronicles 15:12

Not getting more _____, Gaining more _____
“You will seek me and find me when you seek me with your whole heart.” Jeremiah 29:13

Make an _____.

CHANGING YOUR MIND (Romans 12:2)
“Taste and see that the LORD is good.” Psalm 34:8