

**SERIES:** Hope-Full Living  
**TITLE:** Hope in the Seasons of Life  
**SPEAKER:** Pastor Bob Marvel & Dr. Lorena Marvel-Hess  
**PASSAGE:** Proverbs 1:8, Romans 12:11-12, 15:13, Philippians 4:6-7, Psalm 73:26, Hebrews 10:23  
**DATE:** May 11-12, 2024

The logo for Small Groups, featuring four puzzle pieces in a 2x2 grid to the left of the text "SMALL GROUPS". The puzzle pieces are white with teal outlines, and the text is white on a teal background.

**SMALL  
GROUPS**

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## MESSAGE TAKEAWAY

Be joyful, patient, and faithful.

## DISCUSSION QUESTIONS

- What was your relationship like with your mom when you were growing up?
- What does it mean to you to be filled with all joy?
- Bob's mom, Rena said, "We grow through what you go through." Tell of a time when this was true for you.
- If you can, tell us one lesson you remember learning from your mom.
- Rena shared some things that still give her purpose in life. Do you remember some of the things she listed?
- What part of Rena's triple A's, (acknowledge, accept and adjust) touched you most?
- Paul said, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." What is one request you would like to make now?

## NEXT STEPS:

Try to memorize Hebrews 10:23 this week.

"Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise."